



SESSION TITLE: LATRINE USE AND MAINTENANCE

Date:	Time:	Facilitator(s):
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Learning Objectives:

1. To understand the importance of latrines.
2. To know how to properly maintain a latrine.

Facilitator Preparation:

Materials:

- **Equipment:**
- **Handouts:** Daily Latrine Use poster (Appendix 2), Latrine Use and Maintenance poster (Appendix 3)
- **Trainer Materials:** Routes of Contamination poster (Appendix 2), tape, cut outs of the proper latrine use and maintenance situations (Appendix 4), cutouts of latrine use and maintenance steps (Appendix 5).

Step / Time / Facilitator	Instructional Sequence	Materials
Motivation 5 minutes	-Ask the participants the following questions: Why are latrines important? Do latrines help keep you healthy? How should you maintain your latrine?	
Information 20 minutes	-Tape the Routes of Contamination poster to the wall (Appendix 1) -Ask the participants how open defecation affects the routes of contamination. Explain to the participants that open defecation and animal feces are a main cause of contamination and illness. That is why it is important to use the latrine and properly maintain it. -Using the Daily Latrine Use poster (Appendix 2), explain how to properly use a latrine <ul style="list-style-type: none"> -Throw used paper in the trashcan with a lid -Put the lid down -Wash your hands after using the bathroom -Keep the door closed -Clean the inside and outside of the bathroom -Using the Latrine Use and Maintenance poster (Appendix 3), explain how to properly maintain a latrine and why it is important: DAILY: <ul style="list-style-type: none"> -Put down the toilet seat after each use -Dispose of toilet paper and feminine products in a proper bin with a lid 	-Routes of Contamination poster (Appendix 1) -Tape -Daily Latrine Use poster (Appendix 2) - Latrine Use and Maintenance poster (Appendix 3)



- Close the latrine door after each use
- Wash your hands properly
- Ensure there are no liquids or feces on the floor or seat of the latrine

WEEKLY:

- Wash the seat and the floor of the latrine with bleach
- Ensure there is toilet paper
- Clean out the waste bin
- Clean around the latrine for any trash and cut any plants or grass around the latrine.
- Clean handwashing station and ensure handwashing station has sufficient water and soap.

MONTHLY:

- Make sure the ventilation tube is in good condition
- Check the mosquito net and repair it if needed

COMMON PROBLEMS:

There are a lot of flies in my latrine/my latrine smells

Make sure to put the lid down after each use, add ash or dry cow or horse poop to help reduce the amount of liquids in the latrine.

There are worms and cockroaches in my latrine

Do not ever add a disinfectant to the latrine, use hot ash to kill the worms and cockroaches.

My latrine is full

When your latrine is 0.5 meters or 1.5 feet from the latrine surface the contents of the pit should be covered and a new pit should be dug. The pit should be no closer than 2 meters from the existing latrine. Remember, the latrine should be at least 30 meters from a water source or river and at least 6 meters from the house.

I do not have any bleach

Bleach is the best option as it disinfects. If bleach is not available, use laundry detergent or dish soap to clean your latrine.

Remember, your latrine is your bathroom, do not throw garbage, diapers, chemicals, etc. in your latrine!



<p>Practice</p> <p>20 minutes</p>	<p>-The instructor will read the proper latrine use and maintenance situations to the participants or distribute the situations among the group, this will depend on the participants (Appendix 4). The participants will answer what should be done in the situation.</p> <p>1. There are a bunch of cockroaches in my latrine, what should I do?</p> <p><i>Correct Answers: Add hot ash to the latrine, do not add insecticides or poisons</i></p> <p>2. My dad offered to do the weekly latrine cleaning, how do I explain what needs to be done?</p> <p><i>Correct Answers: He needs to wash the seat and the floor of the latrine with bleach, ensure there is toilet paper, clean out the waste bin, clean around the latrine for any trash and cut any plants or grass around the latrine, clean handwashing station and ensure handwashing station has sufficient water and soap.</i></p> <p>3. My friend is learning how about the daily use of a latrine, what do I need to teach him?</p> <p><i>Correct Answers: Put down the toilet seat after each use, dispose of toilet paper and feminine products in a proper bin with a lid, close the latrine door after each use, properly wash their hands, and ensure there are no liquids or feces on the floor or seat of the latrine.</i></p> <p>4. There are so many flies in my latrine, what should I do?</p> <p><i>Correct Answers: Add ash or dry cow or horse poop to reduce the amount of liquids in the latrine</i></p>	<p>-Cutouts proper latrine use and maintenance situations (Appendix 4)</p> <p>-Tape</p>
<p>Application</p> <p>20 minutes</p>	<p>-Distribute the cutouts of the latrine use and maintenance (Appendix 5) and have the group put them under the correct themes (Daily, Weekly and Monthly Maintenance)</p> <p>-Review them</p>	<p>-Cutouts of latrine use and maintenance (Appendix 5)</p> <p>-Tape</p>



<p>Evaluation</p> <p>5 minutes</p>	<p>-Ask the group:</p> <p>Why latrines are important?</p> <p><i>Correct Answer: Open defecation and animal feces are a main cause of contamination and illness. That is why it is important to use the latrine and properly maintain it.</i></p> <p>How often should latrine maintenance be completed?</p> <p><i>Correct Answer: should be used daily and maintenance is done daily, weekly and monthly.</i></p> <p>How should daily latrine maintenance be completed?</p> <p><i>Correct Answer: Put down the toilet seat after each use, dispose of toilet paper and feminine products in a proper bin with a lid, close the latrine door after each use, properly wash your hands, ensure there are no liquids or feces on the floor or seat of the latrine</i></p>	
<p>Notes</p>		

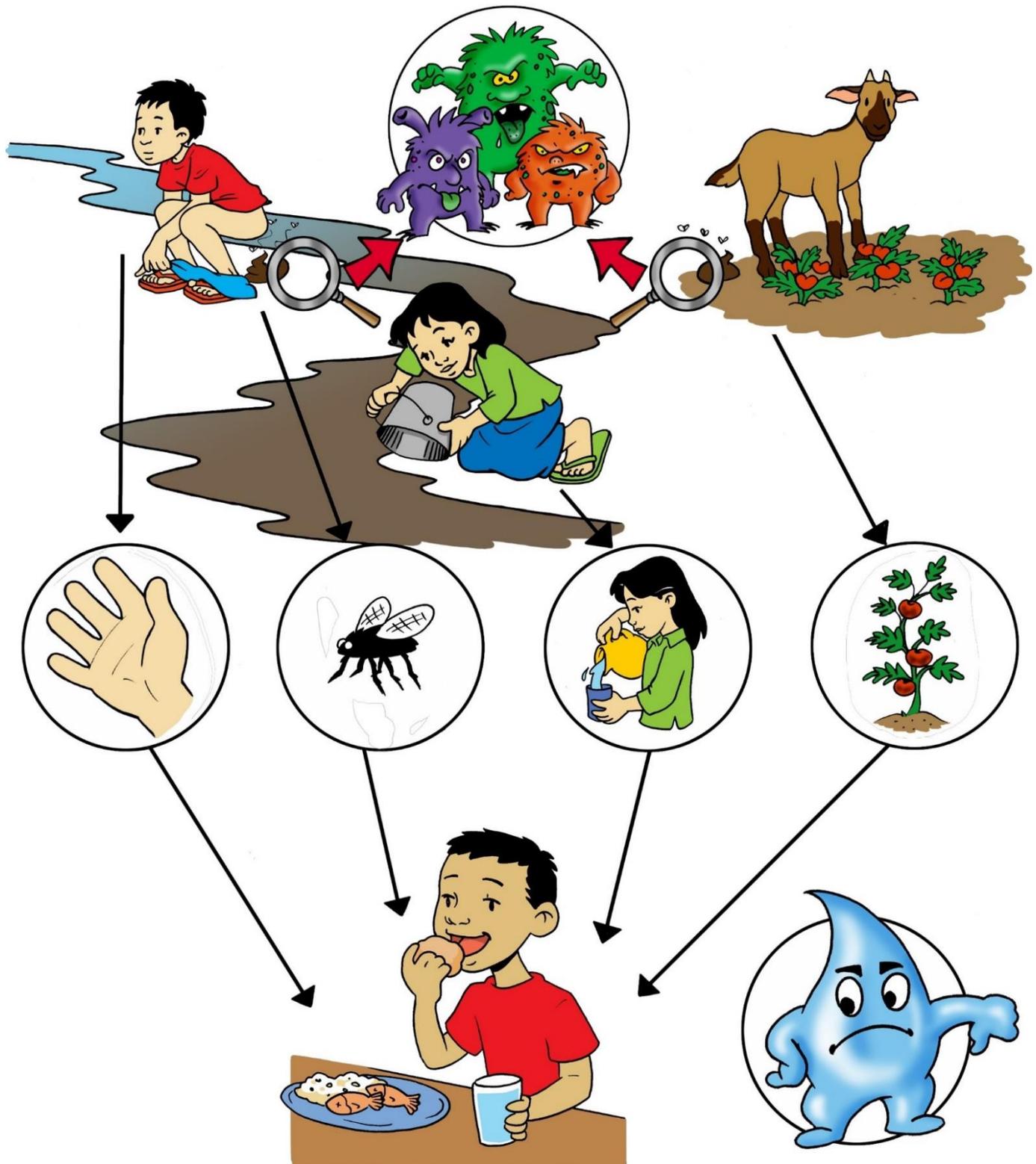


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APPENDIX 1

THE ROUTES OF CONTAMINATION



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APPENDIX 2

Daily Latrine Use



**Throw used paper in
the trash can with a lid**

Put the lid down



**Wash your hands after
using the bathroom**

**Keep the door
closed**



**Clean the inside and
outside of the
bathroom**





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APPENDIX 3

Latrine Use and Maintenance



DAILY:

- Put down the toilet seat after each use
- Dispose of toilet paper and feminine products in a proper bin with a lid
- Close the latrine door after each use
- Properly wash your hands
- Ensure there are no liquids or feces on the floor or seat of the latrine

WEEKLY:

- Wash the seat and the floor of the latrine with bleach
- Ensure there is toilet paper
- Clean out the waste bin
- Clean around the latrine for any trash and cut any plants or grass around the latrine.
- Clean handwashing station and ensure handwashing station has sufficient water and soap.

MONTHLY:

- Make sure the ventilation tube is in good condition
- Check the mosquito net and repair it if needed

COMMON PROBLEMS:

- There are a lot of flies in my latrine/my latrine smells:** make sure to put the lid down after each use, add ash or dry cow or horse poop to help reduce the amount of liquids in the latrine.
- There are worms and cockroaches in my latrine:** do not ever add a disinfectant to the latrine, use hot ash to kill the worms and cockroaches.
- My latrine is full:** when your latrine is 0.5 meters or 1.5 feet from the latrine surface the contents of the pit should be covered and a new pit should be dug. The pit should be no closer than 2 meters from the existing latrine. Remember, the latrine should be at least 30 meters from a water source or river and at least 6 meters from the house.
- I do not have any bleach:** bleach is the best option as it disinfects. If bleach is not available, use laundry detergent or dish soap to clean your latrine.

Remember, your latrine is your bathroom, do not throw garbage, diapers, chemicals, etc. in your latrine!



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APPENDIX 4



1. There are a bunch of cockroaches in my latrine, what should I do?
2. My dad offered to do the weekly latrine cleaning, how do I explain what needs to be done?
3. My friend is learning how about the daily use of a latrine, what do I need to teach him?
4. There are so many flies in my latrine, what should I do?



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APPENDIX 5



DAILY:

- Put down the toilet seat after each use
- Dispose of toilet paper and feminine products in a proper bin with a lid
- Close the latrine door after each use
- Properly wash your hands
- Ensure there are no liquids or feces on the floor or seat of the latrine

WEEKLY:

- Wash the seat and the floor of the latrine with bleach
- Ensure there is toilet paper
- Clean out the waste bin
- Clean around the latrine for any trash and cut any plants or grass around the latrine.



-Clean handwashing station and ensure handwashing station has sufficient water and soap.

MONTLHY:

- Make sure the ventilation tube in good condition
- Check the mosquito net and repair it if needed